Tennis Club—Annual General Meeting
Thursday 25th August

The Annual General Meeting will be held at the club rooms on Thursday 25th August at 7.30p.m.

We would really like to see some new members and interest in the tennis club. This is an excellent facility within the community and needs more support and use.

All welcome

DIY Christmas Carols
Saturday 3rd December

Our Christmas Carols need you

Yes, I know it seems early but we really need a group of volunteers to organise this year’s Christmas Carols.

If we don’t get a group together we may not be able to have the Carols.

If you are interested in helping out please contact Viki Spedding on 5789 1237 by 26th August.

Landcare Group Annual General Meeting
Wednesday 24th August
From 7:00pm

Rabbit Calicivirus
the best or the last chance to get the rabbit

Speaker: Tim Bloomfield
(Environmental Projects Coordinator, Port Phillip and Westernport CMA)

Craft Group
Saturday 13th August
12:30 pm at the hall

For further information contact Viki on 5789 1237

Everyone welcome

Happy Birthday in August to

Kimberley Bird 1st
Rose McKennie 5th
Jack North 16th
Charlie Petersen 25th
Jesse Woodcock 26th

Closing date for the next issue: 26.8.2016
To include articles contact: Helen Callahan 5789 1305 or Viki Spedding 5789 1237
**Bookclub**  
**Monday 8th August**  
**7:30 pm**

This month: If you were agog by *1421: The Year China Discovered the World* by Gavin Menzies, a tale of 500 foot ships commanded by eunuch admirals, sailing from China to the ends of the Earth to collect tribute from the barbarians and unite the world in Confucian harmony, you are in luck! Be there at the Tennis Club to discuss this tome, as we bound it over.

Next month: The classic survivor story *The Swiss Family Robinson* by Johan Wyss. One of the most popular books ever, this homily of family values, the virtue of hard work and sensible husbandry has been a family favourite for generations, but have you read it lately?

If you haven’t read this month’s book please feel free to come along anyhow, (on the second Monday), have a cup of tea and maybe suggest a book we could read next time?

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**Seeking wise and wonderful ideas to make the shire a better place for older people**

What sorts of activities, projects and events do you think would benefit and support older people in your town?

If you are aged 55 years or over, Macedon Ranges Shire Council wants to hear your ideas about what would make a difference for older people living in the shire.

Whether you’re a resident, community group or not-for-profit organisation, if you have a great idea to help develop an age-friendly community, get in touch:

- fill in a reply paid postcard, available from Council offices in Gisborne, Romsey, Woodend or Kyneton
- visit mrsc.vic.gov.au/yoursay
- email mrsc@mrsc.vic.gov.au
- call us on 5422 0262.

Feedback is due by 5pm Sunday 21 August, 2016.

For more information, call Rebecca Millard on 5422 0262 or email rmillard@mrsc.vic.gov.au

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**Are you recycling everything you can?**

WayOut, a Cobaw Community Health program, is about to commence its Term 3 program schedule with a range of exciting new groups. The program, funded by the Department of Health & Human Services, aims to improve the mental health and wellbeing of same sex attracted and gender diverse young people in the Macedon Ranges.

During Term 3 WayOut will be facilitating the social group, House of Awesome and two new additions to the schedule - a parent support group for families with trans and gender diverse children and a social group specifically for trans and gender diverse young people. All events are free and located in Kyneton or Woodend, commencing on Monday 1 August.

Same sex attracted and gender diverse young people in regional Victoria have higher rates of depression and anxiety than heterosexual peers. Research funded by mental health peak bodies such as beyond blue demonstrates a need to increase awareness of discrimination in the community which can have a profound impact on the mental health of a young person, influence a person's sense of physical safety, inclusion, and community and family support. Young people who do not experience sexuality/gender based discrimination are significantly more likely to feel safe in all facets of their lives, have increased feelings of self-worth and feel a stronger sense of community connectedness.

"WayOut continues to make a significant difference in the lives of young people in our area. The program achieves this through the organisation of community events, providing training to services locally and creating social opportunities that empower young people to have control over their own health outcomes", said Margaret McDonald, Cobaw CEO.

For further details about WayOut's Term 3 schedule of events please contact Cobaw Community Health on (03) 5421 6666.

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**Homelessness Counts in the Macedon Ranges**

Cobaw Community Health is hosting an event for Homelessness Week on Tuesday 2 August at the Kyneton Mechanics Institute (4:00pm-6:30 pm) to raise awareness and understanding of homelessness.

The event aims to increase community connections for those who are homeless or at risk of homelessness, as well as for those working in the homelessness and community sector.

At the event Macedon Ranges housing support organisations will provide information about their services. Guest speakers will include Vicky Vacondios, Council for Homeless Persons and Margaret McDonald, Cobaw CEO. There will also be entertainment from comedian Trent McCarthy, Cobaw's own ukulele band The CUPs, and singer-songwriters Damian and Andy. Food will be provided as part of this free event.

Homelessness Week is an annual themed week coordinated by Homelessness Australia which aims to raise awareness of people experiencing homelessness and the issues people face. ‘Homelessness Counts’ is the theme for Homelessness Week 2016 (1 -7 August).

Homelessness Week takes place over the week before the Census night (9 August) and it is important that those experiencing homelessness are adequately represented in Census data. Data from past Census surveys demonstrates the severity of homelessness across Australia and highlights the need for adequate funding for community services to adequately support people who are homeless or need assistance with associated affordable housing issues.

“Cobaw urges the Macedon Ranges community to recognise that those people experiencing homelessness are a valuable part of our society and must be supported,” said Margaret McDonald, Cobaw CEO.

“Homelessness is not a choice. The biggest cause of homelessness is family and domestic violence, followed by financial difficulties. The largest proportion of Australia's homeless population is out of sight and out of mind, moving from one place to the next. Events like Homelessness Week provide a significant opportunity to raise awareness and understanding within our community of homelessness”.

For further information, please contact Alex Prado, Housing Support Coordinator 03 5421 1666 or admin@cobaw.org.au
Trivia Quiz Night – 27th August 2018

What were the registration letters of Kirk’s first Enterprise?

What was Picard’s Borg name?

What was the name of Spock’s human mother?

Let me reassure you that the answers to these questions will be of no use at all to you on our Trivia Quiz Night, because, (apparently), questions about Star Trek are NOT ALLOWED!!! Pardon? Oh! Nothing about Doctor Who either. [Sigh].

These rules will ensure YOU have a good time in August, even if I am a little miserable. At the Darraweit Guim War Memorial Hall, 7:30pm

$15 per head with 8 heads per table. BYO food and drinks. Games along the way, and questions designed to be answered rather than give you a headache. They are limited, so please book your tables with Danielle Craig 5789 1321 (chook817@hotmail.com)

Winter Appliances and Fire Safety

Please be mindful when using winter appliances. There have been a series of preventable house fires over the past few weeks in Victoria, two house fires were caused last month by clothes dryers – one in Werribee and another in Grovedale. Logs rolling out of open fireplaces caused serious damage to a home in Tootgarook near Mornington and destroyed a home in Trafalgar.

Steps to avoid this fate? Try cleaning the lint filter of clothes dryers after every use. The more you use a dryer the more lint builds up, so it’s important to get into the habit of cleaning the filter each load to reduce the risk of this material catching on fire.

All types of heating present fire risk, but open fireplaces in particular needed to be monitored with caution. Make sure you have a guard in front of an open fire and get your flue and chimney cleaned every year.

The fine and cautious chap who borrowed my chimney brush has made his house safer, can I have it back please so I can do the same???:)

www.cfa.vic.gov.au
In emergency call 000
Creating safer communities